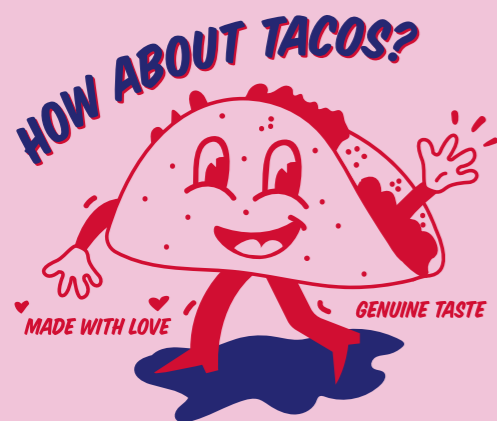


BREAKFAST <small>TILL 17.00</small>	
YOGHURT Homemade granola · Fruit	7
HUEVOS RANCHEROS Fried eggs · Tomato salsa · Avocado · Cilantro ·	8 ⁵
FAT FRENCHIE French toast of Dutch sugarbread · Banana · Maple syrup	8
FAT MERMAID BREAKFAST Scrambled egg · Homesmoked salmon · Ham · Cheese · Yoghurt · Jam · Bread · Orange juice · Coffee or tea	15
CROISSANT Butter · Jam	3 ⁵

SANDWICHES <small>TILL 17.00</small>	
GOAT CHEESE Eggplant · Herb Salad · Honey	9 ⁵
HOMESMOKED SALMON Fresh horseradish · Crème fraîche · Cucumber	10 ⁵
MACKEREL SALAD Cucumber · Chives · Lemon mayo	9 ⁵
CHICKEN CRAYFISH Confit freerange chicken · Crayfish salad · Curry mayo	10 ⁵
TOASTIE Ham of Baambrugs pig · Farmers cheese	6
VEGGIE PITA Sweet pepper hummus · Pomegrenate · Grilled vegetables · Ras el Hanout sauce	9 ⁵
BRIOCHE KROKET Brioche bun · Dutch kroket · Mustard	4 ⁵



TACOS <small>FROM 12.00</small>	
BEEF TACO Slow cooked beef · Chipotle · Pickled cabbage · Crème fraîche · Cilantro	10
FISH TACO North sea fish · Pico de gallo · Cilantro	10
VEGGIE TACO Pickled cauliflower · Black bean · Cilantro	9

APPETIZERS <small>FROM 12.00</small>	
CHEF'S CHOICE A big plate of always changing antipasti and appetizers	25
BREAD With dips	5 ⁵
NACHOS Salsa · Jalapeño · Fresh guacamole · Creme fraiche · Cheese from the oven	9
CALAMARES Fried breaded squid rings · Aioli	8
CROQUETTES Spinach · Cheese · Aioli	8
BITTERBALLEN Freerange veal · Mustard	7 ⁵
TACOS Check out our Taco section!	–

BURGERS <small>FROM 12.00</small>	
BEEF BURGER (SERVED MEDIUM) Organic beef · Cheese · Mustard · Ketchup · Pickles · Letuce · Fries · Salad	17
THAI FISH BURGER Homemade fish & shrimp burger · Sweet & sour cucumber · Coleslaw · Red curry mayo · Fries · Salad	17

FOOD ALLERGIES

‘Please inform us in advance about your allergies or special dietary requirements.’

SOUPS <small>FROM 12.00</small>	
MINISTRONE (THIS IS A MEAL) Freerange chicken · Vegetables in season · Herbs	12 ⁵
SOUP OF THE DAY Ever changing soup of the day, ask our staff	7

SALADS <small>FROM 12.00</small>	
CHICKEN CRAYFISH SALAD Confit freerange chicken · Crayfish · New potatoe · Apple · Curry mayo	17
HOME SMOKED SALMON Salmon from our smoker · Cucumber · Fresh horseradish · Crème fraîche	17
EGGPLANT Herbsalad · Buffalo mozzarella · Pistou	16

WE CARE

~

AT THE FAT WE'RE COMMITTED BY PUTTING PRIDE AND PASSION IN ALL WE DO. WE CONTINUE TO BE CURIOUS ABOUT NEW FOOD AND NEW TASTES. WE DON'T CLAIM TO BE 100% GREEN OR SUSTAINABLE BUT WE CARE AND DO OUR BEST TO SHOP LOCAL AND ORGANIC. WE SERVE FISH FROM LOCAL FISH SHOP (BEN DE LANGE), OUR MEAT IS FROM LINDENHOFF FARM AND THE BREAD WE USE IS BAKED AT JORDY'S BAKERY.

Enjoy

EVER CHANGING

DAILY SPECIAL

Always Special

KIDS <small>FROM 12.00</small>	
KROKET Freerange veal · Fries · Appelmoes	8
FISH NUGGETS (MADE BY BEN THE FISHERMAN) North Sea fish · Fries · Appelmoes	9
CHICKEN Freerange chicken · Fries · Appelmoes	9
PASTA Tomatosauce	8

SWEET TREAT	
CHOCOLATE CAKE Raspberries	4 ⁵
APPLE PIE Almonds	4 ⁵
CHEESECAKE Passionfruit	5
CREME BRULEE Vanilla	7
HANGOP Hung yoghurt with lemon · Red fruit coulis	7 ⁵
CHEF'S DESSERT CHOICE Mix of desserts (min. 2 pers.)	8 ⁵

◆◆◆◆

WE LOVE COFFEE

ORGANIC & FAIRTRADE

◆◆◆◆

HOT STUFF	
ESPRESSO	2 ⁷
COFFEE	2 ⁷
DOPPIO	4
CAPPUCCINO	3
LATTE	3 ⁵
ESPRESSO MACCHIATO	2 ⁹
TEA	3
HOT CHOCOLATE	3 ⁵
GINGER ORANGE TEA	3 ⁵
FRESH MINT TEA	3 ⁵
IRISH · SPANISH · FRENCH COFFEE	8

ICE COLD
LEMONADES
~ SERVED HERE ~

MERMAID LEMONADES & SHAKES

BIG BERRY ICE COLD LEMONADE	5
BIG LEMON ICE COLD LEMONADE	5
STRAWBERRY MILKSHAKE	6
BANANA MILKSHAKE	6
CHOCOLATE MILKSHAKE	6
GREEN SHAKE	5,5
STRAWBERRY & BERRIES	5,5
PINEAPPLE MINT SHAKE	5,5

SODAS & JUICES

FRITZ-KOLA	3,2
FRITZ-KOLA NO SUGAR	3,2
FRITZ-LEMONADE	3,2
FRITZ-ORANGADE	3,2
FRITZ-APPLE-CHERRY-ELDERBERRY	3,2
MANA KOMBUCHA HOLY GINGER	4,5
ICE TEA (HOMEMADE)	3,2
GINGER ALE	3,2
FRISTI	3,2
CHOCOMEL	3,2
BITTER LEMON	3,2
AQUA TONICA	3,2
OLD JAMAICA GINGER BEER	3,8
CUCUMBER / WATERMELON SODA	4
FEVER TREE TONIC WATER	3,8
FRESH ORANGE JUICE	3,5/4,5
APPLE JUICE	3,2
TOMATO JUICE	3,2
PEAR JUICE	3,2

WATER

FILTERED TAPWATER	2,5
FILTERED SODAWATER	2,5
PERRIER	3,5
AQUA PANNA	3,2

DRAFT BEERS

BRAND 25CL.	3,2
BRAND 50CL.	5,8
BRAND WEIZEN 30CL.	4,3
BRAND WEIZEN 50CL.	7
VEDETT WHITE 25CL.	3,8
VEDETT WHITE 50CL.	6,9
LAGUNITAS IPA 30CL.	4,3
LAGUNITAS IPA 50CL.	7
AFFLIGEM FRIS BLOND 30CL.	4,3
AFFLIGEM FRIS BLOND 50CL.	7

BOTTLED BEERS

LAGUNITAS I2TH OF NEVER ALE	5,5
LAGUNITAS LITTLE SUMPIN' SUMPIN'	5,5
BRAND IPA	5
BROUWERIJ 'T IJ IJWIT	5
BROUWERIJ 'T IJ NATTE (DUBBEL)	5
BROUWERIJ 'T IJ ZATTE (TRIPPEL)	5
BROUWERIJ 'T IJ BIRI (TROPICAL LAGER)	5
DUVEL	5
TWO CHEFS BREWING FUNKY FALCON	5
AFFLIGEM BLOND	4,5
VEDETT EXTRA BLOND	4,5
LOWLANDER AMERICAN PALE ALE	5
LOWLANDER YUZU & GRAPEFRUIT	5
MORT SUBITE KRIEK	4,5
OLD MOUT CIDER KIWI & LIME	4,5
AMSTEL RADLER	4,5
HEINEKEN 0,0 %	4
BRAND WEIZEN 0%	4



LIQUORS

TIA MARIA	5
BAILEYS	5
LICOR 43	5
AMARETTO	5
GRAND MARNIER	5
COINTREAU	5
RICARD	5

WHISKIES

BALLANTINES	5,5
BUFFALO TRACE	5,5
JACK DANIELS	5,5
JAMESON	5
GLENFIDDICH	6,5
LAGAVULIN 16 YRS	8

WHITE WINES

SAUVIGNON ROMANIA	4/19
PINOT GRIGIO ITALY	5/22
CHARDONNAY - ARGENTINA	6/25
VERDEJO SPAIN (BIO)	6/25
VIOGNIER ITALY	24
SAUVIGNON & NOUVELLE SOUTH-AFRICA	23
PECORINO ITALY (BIO)	28
CHENIN BLANC SOUTH-AFRICA	32

RED WINES

MERLOT FRANCE	4/19
SYRAH ITALY	6/25
PRIMITIVO ITALY	23

BUBBLES

CHAMPAGNE (DOSNON)	45
CHAMPAGNE (VEUVE CLICQUOT)	65
PROSECCO	27
CAVA	6/26

ROSE WINES

PINOT GRIGIO ITALY	4/20
SYRAH, GRENACHE & CINSAULT FRANCE	26

A FINE SELECTION OF QUALITY WINES

SPIRITS

VAN KLEEF WODKA	5
GREY GOOSE VODKA	5,5
HAVANNA CLUB WHITE	5
HAVANNA CLUB BROWN	5
TEQUILA GOLD	5
MEZCAL	5
FLOR DE CAÑA	6
BOULARD CALVADOS	6
HENNESSY COGNAC	5,5
BOBBY'S SCHIEDAM JENEVER	4,5
VAN KLEEF JONGE JENEVER	4,5
VAN KLEEF OUDE JENEVER	4,5
MARTINI BIANCO/ROSSO	4,5
CAMPARI	4,5
SHERRY MEDIUM DRY	4,5
VIEUX	4,5
PORT ROOD/WIT	4,5
JAGERMEISTER	4,5
VAN KLEEF KRUIDE BAGGÂH	4,5

COCKTAILS

MERMAID TEARS #2 Gin · Berries · Watermelon soda · Cucumber	9
DARK 'N' STORMY Rum · Gingerbeer · Angostura · Lime · Sugar syrup	10
MOSCOW MULE Vodka · Lime juice · Angostura · Ginger beer	9,5
MOJITO ^v Rum · Mint · Lime · Sugar syrup	9 / ^{v7}
OLD FASHIONED Bourbon · Angostura · Sugar	9
BLOODY MARY Vodka · Tomato juice · Lemon juice · Tabasco · Worchester · Pepper · Salt	9
TOM COLLINS Gin · Lemon juice · Sugar syrup · Soda	9
PALOMA Tequila · Lime · Grapefruit	9
NEGRONI Gin · Campari · Martini Rosso	9
DAIQUIRI Rum · Lime · Sugar syrup	9
TRADER VIC'S MAI TAI Dark rum · Gold rum · Orange liqueur · Lime juice · Almond syrup · Sugar syrup	10
BAHIA ^v White Rum · Pineapple juice · Coconut syrup	9 / ^{v7}
GINGER MOJITO Rum · Ginger · Mint · Lime juice · Sugar syrup · Ginger ale	9,5
CAIPIRINHA Cachaca · Lime · Sugar syrup	9
MOURADS CHOICE Let the employee of the century surprise you!	9



MOURADS CHOICE

◆ SERVED AT THE FAT ◆

GIN & TONIC

BOBBY'S (OUR FAVOURITE) Fevertree · Orange · Clove	9
VAN KLEEF St. Pellegrino tonic · Cucumber	9
TANQUERAY Fevertree · Lemon	9
GOODMANS St. Pellegrino tonic · Lime	10
LOOPUYT Loopuyt tonic · Lemongrass	10